

What is a Care Plan?

- A Care Plan visit at Memory & Movement Charlotte is an annual one-on-one visit for the primary care partner or caregiver, an MMC nurse practitioner or physician assistant, and a social worker.
- Patients do not attend this one-hour appointment.
- Annual Care Plans typically improve the quality of life for the patient and caregiver.
- The appointment is covered by Medicare if the patient meets the criteria below:
 - ✓ a diagnosis of cognitive impairment/dementia
 - ✓ has primary or secondary Medicare insurance
 - ✓ has had an appointment with an MMC provider in the last 3 months
 - ✓ has not had a Care Plan visit in the previous 6 months
 - ✓ is not under hospice care
- Patients who do not have Medicare will have an out-of-pocket expense for a Care Plan visit. If the patient does not have Medicare, please let your provider know or notify the office to discuss alternative payment options.



> TOPICS DISCUSSED

- Diagnosis and treatment
- Main concerns and goals
- Advance Directives
- Home environment
- Safety assessment with recommendations
- Strategies for behavior, personal care, and communication
- Caregiver stress
- Community resources



> AFTER THE VISIT

A written Care Plan is provided to put in the binder for future reference.



> TO SCHEDULE

Please call the office or talk to your provider at the next appointment.